

## FLAME NZCR Christchurch Visit planner

|  | <b>Group 1</b> |           | Fasting<br>Y / N |  |
|--|----------------|-----------|------------------|--|
| <b>Period 1 - Day -1</b>   | 3-Feb-22       | Thursday  |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 1 - Day 1</b>  | 4-Feb-22       | Friday    |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 1 - Day 2</b>  | 5-Feb-22       | Saturday  |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 1 - Day 3</b>  | 6-Feb-22       | Sunday    |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 1 - Day 4</b>  | 7-Feb-22       | Monday    |                  | Outpatient visit: 8 - 10am                                   |
| <b>Period 2 - Day -1</b>   | 12-Feb-22      | Saturday  |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 2 - Day 1</b>  | 13-Feb-22      | Sunday    |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 2 - Day 2</b>  | 14-Feb-22      | Monday    |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 2 - Day 3</b>  | 15-Feb-22      | Tuesday   |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 2 - Day 4</b>  | 16-Feb-22      | Wednesday |                  | Outpatient visit: 8 - 10am                                   |
| <b>Period 3 - Day -1</b>   | 20-Feb-22      | Sunday    |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 3 - Day 1</b>  | 21-Feb-22      | Monday    |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 3 - Day 2</b>  | 22-Feb-22      | Tuesday   |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 3 - Day 3</b>  | 23-Feb-22      | Wednesday |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 3 - Day 4</b>  | 24-Feb-22      | Thursday  |                  | Outpatient visit: 8 - 10am                                   |
| <b>You are required to come in for three 2-night stays, staying at the clinic between admission and discharge (no leaving in this time).</b>   |                |           |                  |  |
| <b>You also need to be able to attend all of the outpatient visits.<br/>Take note that some are in the morning and evening on the same day.<br/>Please allow up to an hour for your outpatient visits.</b> |                |           |                  |  |
|  |                |           |                  |  |

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|  | <b>Group 2</b> |           | Fasting<br>Y / N |  |
|--|----------------|-----------|------------------|--|
| <b>Period 1 - Day -1</b>   | 4-Feb-22       | Friday    |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 1 - Day 1</b>  | 5-Feb-22       | Saturday  |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 1 - Day 2</b>  | 6-Feb-22       | Sunday    |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 1 - Day 3</b>  | 7-Feb-22       | Monday    |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 1 - Day 4</b>  | 8-Feb-22       | Tuesday   |                  | Outpatient visit: 8 - 10am                                   |
| <b>Period 2 - Day -1</b>   | 13-Feb-22      | Sunday    |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 2 - Day 1</b>  | 14-Feb-22      | Monday    |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 2 - Day 2</b>  | 15-Feb-22      | Tuesday   |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 2 - Day 3</b>  | 16-Feb-22      | Wednesday |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 2 - Day 4</b>  | 17-Feb-22      | Thursday  |                  | Outpatient visit: 8 - 10am                                   |
| <b>Period 3 - Day -1</b>   | 21-Feb-22      | Monday    |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 3 - Day 1</b>  | 22-Feb-22      | Tuesday   |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 3 - Day 2</b>  | 23-Feb-22      | Wednesday |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 3 - Day 3</b>  | 24-Feb-22      | Thursday  |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 3 - Day 4</b>  | 25-Feb-22      | Friday    |                  | Outpatient visit: 8 - 10am                                   |
| <b>You are required to come in for three 2-night stays, staying at the clinic between admission and discharge (no leaving in this time).</b>   |                |           |                  |  |
| <b>You also need to be able to attend all of the outpatient visits.<br/>Take note that some are in the morning and evening on the same day.<br/>Please allow up to an hour for your outpatient visits.</b> |                |           |                  |  |
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|  | <b>Group 3</b> |           | Fasting<br>Y / N |  |
|--|----------------|-----------|------------------|--|
| <b>Period 1 - Day -1</b>   | 13-Feb-22      | Sunday    |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 1 - Day 1</b>  | 14-Feb-22      | Monday    |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 1 - Day 2</b>  | 15-Feb-22      | Tuesday   |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 1 - Day 3</b>  | 16-Feb-22      | Wednesday |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 1 - Day 4</b>  | 17-Feb-22      | Thursday  |                  | Outpatient visit: 8 - 10am                                   |
| <b>Period 2 - Day -1</b>   | 22-Feb-22      | Tuesday   |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 2 - Day 1</b>  | 23-Feb-22      | Wednesday |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 2 - Day 2</b>  | 24-Feb-22      | Thursday  |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 2 - Day 3</b>  | 25-Feb-22      | Friday    |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 2 - Day 4</b>  | 26-Feb-22      | Saturday  |                  | Outpatient visit: 8 - 10am                                   |
| <b>Period 3 - Day -1</b>   | 2-Mar-22       | Wednesday |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 3 - Day 1</b>  | 3-Mar-22       | Thursday  |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 3 - Day 2</b>  | 4-Mar-22       | Friday    |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 3 - Day 3</b>  | 5-Mar-22       | Saturday  |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 3 - Day 4</b>  | 6-Mar-22       | Sunday    |                  | Outpatient visit: 8 - 10am                                   |
| <b>You are required to come in for three 2-night stays, staying at the clinic between admission and discharge (no leaving in this time).</b>   |                |           |                  |  |
| <b>You also need to be able to attend all of the outpatient visits.<br/>Take note that some are in the morning and evening on the same day.<br/>Please allow up to an hour for your outpatient visits.</b> |                |           |                  |  |
|  |                |           |                  |  |

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|   | <b>Group 4</b>   |                  | Fasting<br>Y / N |  |
|---|------------------|------------------|------------------|--|
| <b>Period 1 - Day -1</b>  | <b>8-Mar-22</b>  | <b>Tuesday</b>   |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 1 - Day 1</b>   | <b>9-Mar-22</b>  | <b>Wednesday</b> |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 1 - Day 2</b>   | <b>10-Mar-22</b> | <b>Thursday</b>  |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 1 - Day 3</b>   | <b>11-Mar-22</b> | <b>Friday</b>    |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 1 - Day 4</b>   | <b>12-Mar-22</b> | <b>Saturday</b>  |                  | Outpatient visit: 8 - 10am                                   |
| <b>Period 2 - Day -1</b>  | <b>16-Mar-22</b> | <b>Wednesday</b> |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 2 - Day 1</b>   | <b>17-Mar-22</b> | <b>Thursday</b>  |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 2 - Day 2</b>   | <b>18-Mar-22</b> | <b>Friday</b>    |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 2 - Day 3</b>   | <b>19-Mar-22</b> | <b>Saturday</b>  |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 2 - Day 4</b>   | <b>20-Mar-22</b> | <b>Sunday</b>    |                  | Outpatient visit: 8 - 10am                                   |
| <b>Period 3 - Day -1</b>  | <b>24-Mar-22</b> | <b>Thursday</b>  |                  | <b>Admit to unit: 1pm</b>                                    |
| <b>Period 3 - Day 1</b>   | <b>25-Mar-22</b> | <b>Friday</b>    |                  | <b>Inpatient at unit</b>                                     |
| <b>Period 3 - Day 2</b>   | <b>26-Mar-22</b> | <b>Saturday</b>  |                  | <b>Discharge from unit: am</b><br>Outpatient visit: 8 - 10pm |
| <b>Period 3 - Day 3</b>   | <b>27-Mar-22</b> | <b>Sunday</b>    |                  | Outpatient visit: 8 - 10am<br>Outpatient visit: 8 - 10pm     |
| <b>Period 3 - Day 4</b>   | <b>28-Mar-22</b> | <b>Monday</b>    |                  | Outpatient visit: 8 - 10am                                   |
| <p><b>You are required to come in for three 2-night stays, staying at the clinic between admission and discharge (no leaving in this time).</b></p>   |                  |                  |                  |  |
| <p><b>You also need to be able to attend all of the outpatient visits.</b><br/> <b>Take note that some are in the morning and evening on the same day.</b><br/> <b>Please allow up to an hour for your outpatient visits.</b></p> |                  |                  |                  |  |
|   |                  |                  |                  |  |